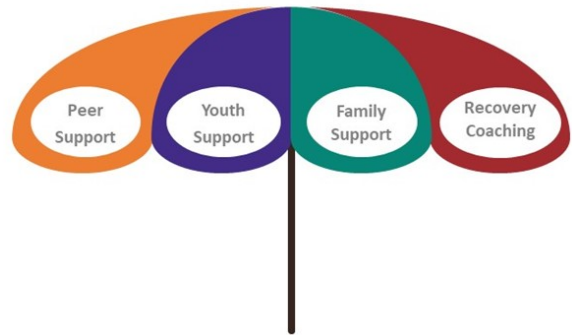


Recovery Coaching

Recovery Coaching

Description

Peer Support providers serving members whose most significant issue is Substance Use Disorder (SUD) are known as Recovery Coaches (RCs). The Recovery Coach serves as a personal guide and mentor for members in recovery, helping to remove barriers and obstacles, linking members to services, supports, and the recovery community. Following any episodes of drug or alcohol use or lapses in recovery, the Recovery Coach works to achieve quick turnaround in re-engaging the individual in treatment and/or recovery support. The efforts of the Recovery Coach can assist in decreasing substance use, the number and severity of relapse episodes and criminal justice involvement.



Provider Qualifications

Paraprofessionals including Recovery Coaches are required to be appropriately supervised by a qualified clinician. For further information, please review the Supervisory Protocol in your Optum Network Agreement.

Idaho Board of Alcohol/Drug Counselor's Certification (IBADCC) is the governing body for Recovery Coaching Certification. Recovery Coaches must meet the current certification requirements for performing this service. They must follow IBADCC's requirements for Recovery Coach supervision in addition to following Optum's Supervisory Protocol.

The types of Recovery Coach Certifications are as follows:

Certified Peer Recovery Coaches (CPRC) are self-identified persons in recovery who have a high school diploma or GED, have 500 hours of paid or volunteer Recovery Support experience (including supervision hours), have completed 46 hours of education/training related to the CPRC domains, and also meet required illicit drug/alcohol abstinence requirements per the [IBADCC CPRC Eligibility Criteria](#).

Certified Recovery Coaches (CRC) are individuals who have a high school diploma or GED, have 500 hours of paid volunteer recovery support experience (including supervision hours), and have completed 46 hours of education/training related to the CPRC domains per the [IBADCC CRC Eligibility Criteria](#).

Provisional Certified Peer Recovery Coaches (PCPRC) are self-identified persons in recovery who have a high school diploma or GED, and have completed 46 hours of education/training related to the PCPRCs domains and also meet required illicit drug/alcohol abstinence requirements per the [IBADCC PCPRC Manual and Application Forms](#).



Recovery Coaching (cont'd)

This provisional certification requires no upfront experience, but allows the certified individual to work toward their 500 hours of paid volunteer recovery support experience (including supervision hours) for the CPRC certification. PCPRCs have one year from the date their application is selected to complete the required experience and take the required exam. Additional information regarding requirements and timelines are in the [IBADCC PCPRC Manual and Application Forms](#).

Provisional Certified Recovery Coaches (PCRC) are individuals who have a high school diploma or GED, and have completed 46 hours of education/training related to the PCRC domains per the [IBADCC PCRC Manual and Application Forms](#). This provisional certification requires no upfront experience, but allows the certified individual to work toward their 500 hours of paid volunteer recovery support experience (including supervision hours) for the PCRC certification. PCRCs have one year from the date their application is selected to complete the required experience and take the required exam. Additional information regarding requirements and timelines are in the [IBADCC PCRC Manual and Application Forms](#).

For more information, IBADCC can be reached at:

1404 N. Main St. Ste #102

Meridian, ID 83642

208-468-8802 Or at ibadcc.org

Questions & Answers for Recovery Coaching

Q: What types of certificates are accepted by Optum?

A: The IBADCC issues four types of certificates that are accepted by Optum, they are Certified Peer Recovery Coaches (CPRC), Certified Recovery Coaches (CRC), Provisional Certified Peer Recovery Coaches (PCPRC) and Provisional Certified Recovery Coaches (PCRC). Please refer to the [Provider Manual](#) for additional information.

Q: Can a recovery coach obtain a criminal history background check waiver to serve Optum members?

A: No. Optum Idaho does not accept criminal history background check waivers issued by the Idaho Department of Health and Welfare. For additional information on criminal history background checks, please refer to the Network Requirements section of the [Provider Manual](#).

Q: What are the Recovery Coaching supervision requirements?

A: **1)** Optum requires that paraprofessionals be appropriately supervised by a qualified clinician. For further information, please review the supervisory protocol in your Optum Network agreement. **2)** Idaho Board of Alcohol/Drug Counselor's Certification (IBADCC) is the governing body for Recovery Coaching certification. Recovery Coaches must meet the current certification requirements for performing this service. They must also follow IBADCC's requirements for Recovery Coach supervision, as well as the Optum supervisory protocol.

Please see the [Provider Manual](#) for more information on this service.